

2010-03-05

It's over?

Hello all, I have had my last infusion treatment over a week ago, took the last pills two nights ago, and am now officially into the recovery stage. This, according to my oncologist, will take my body at least a year. In the world of oncology treatment, I have 4-5 weeks to get my blood counts up to somewhat normal, gain some physical energy, and have the emotional courage to start the next stage which is the radiation.

A day after my last infusion....at the end of February, Joyce and I went to Mexico with a group of friends. It was perhaps not a great idea on my part, but I had been doing so well.....The ride down was torture for me and suffering was high on the scale of my physical body! Afterwards we decided that I had gotten a little stomach flu thing as well. So the three days in Mexico were spent really in bed.....getting better day by day. Luckily, the day we left, I was able to enjoy the ride home. We went to San Carlos which, it turns out, is 8 hours from Green Valley counting the hours in line at the border and so on. However, It was lovely to be in another physical place.....and I thoroughly enjoyed the company!

Now I am in Silver City NM visiting Vicki Allen. A friend of mine, Jessica Palin (no relationship to the one from Alaska!) is here from the UK. We are doing a low key weekend of percussion and inner work. There are 18 coming! And I feel this is the perfect way for me to complete one stage and start preparation for the next one.

Well, I am in an internet cafe and am running out of battery.....Gotta go.

Will be back post weekend and will let you know how things went.

I feel a great surge inside these days and wonder what is going to emerge next!

Phyllis